

SEI PENTATHLON 2025

Phase 1 (12 - 15 Oct, Uttarakhand)

trekking



12 Oct 2025

rafting



14 - 15 Oct 2025

- Gaumukh to Gangotri
- 22 kms
- 1 day

- Devprayag to Rishikesh
- 72 kms
- 2 days

Phase 2 (4 – 13 Nov, West Bengal)

kayaking



4 – 6 Nov 2025

rowing



————— 7 – 13 Nov 2025 —————

sailing



- Farakka to Berhampur
- 120 kms
- 3 days

- Berhampur to Kolkata
- 325 kms
- 7 days

We are inviting participation of 6-8 teams with 8 members each from across India

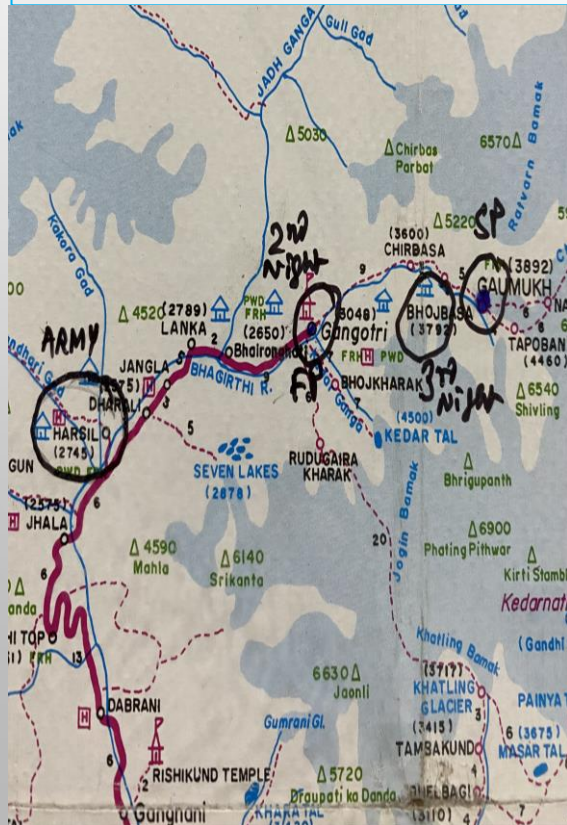
PENTATHLON 2023 – All teams competed in 5 races - trekking, rafting, kayaking, rowing and sailing along river Ganga

Phase 1 (in Uttarakhand)

1 Trekking

from **Gaumukh** to **Gangotri**

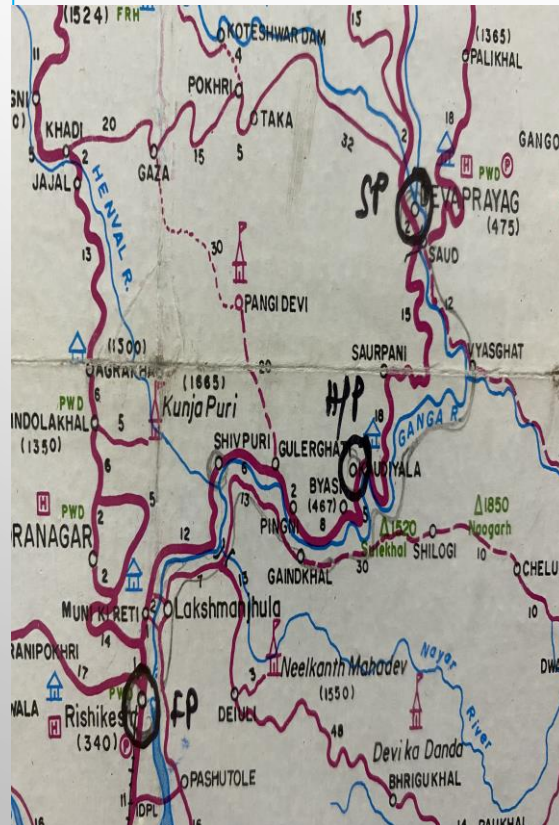
22 Kms



2 White Water Rafting

from **Devprayag** to **Rishikesh**

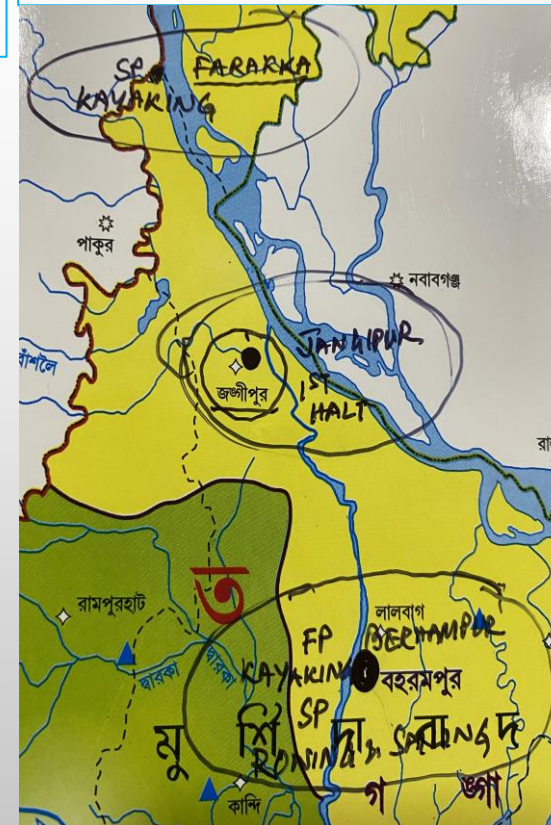
72 Kms



3 Kayaking

from **Farakka** to **Berhampur**

120 Kms



4 Rowing & 5 Sailing

from **Berhampur** to **Kolkata**

325 Kms

